

Starters/Light Bites.

Breaded Brie wedges

Breaded Brie Wedges with Chilli Jam Sauce and Salad Garnish
£6.95

Cheesy Nachos

Lightly Salted Tortilla Chips Topped with Melted Cheddar
Cheese Drizzled with a Sour Cream and a Salsa Dipping Sauce
£6.25

Mango & Prawn Salad

North Atlantic Prawns with Mango Chunks on a bed of Tossed
Salad with Balsamic Dressing
£7.50

Southern Fried Chicken

Fried Southern Fried Chicken Strips with Garlic Mayonnaise on
a Bed of Lettuce
£6.75

Cheese and Vegetable Frittata

A Baked Italian Omelette with stir Fried Vegetables Topped
with Cheese with Salad Garnish
£6.50

Chinese Spiced Beetroot

Pan Fried Sliced Beetroot in a Chinese Spice Vegan Butter on a Bed of
Lettuce & Toasted Ciabatta, Topped with Roasted Pumpkin seeds
(V,VG)
£6.75

Hogs & Chorizo Bruschetta

Sautéed Garlic Hogs Pudding & Chorizo Bruschetta with a Melted Cheese
topping on a bed of Lettuce
£6.95

Extras.

Bowl of Green Salad

£3.95

Bowl of Chips

£3.95

Gratin Potatoes

£4.95

Garlic Ciabatta

£5.75

Beer Battered Onion

Rings

£6.50

Mains.

Sweet Chilli Sea Bass

Pan Fried Sea Bass Fillet on a
Bed of Stir Fried Vegetables and
Cous Cous with a Sweet Chilli Sauce
£19.50

Fish Crumble

Mixed Fish and King Prawns in a Creamy
White Cheese sauce Topped with
Bread Crumbs and Cheese with Green
Salad and Herb Diced Potatoes
£15.50

Hoisin Duck Linguine

Sliced Stir - Fried Duck and Vegetables with
Linguine Pasta tossed in a Hoisin Sauce Topped
with Spring Onion and Sesame seeds
£18.50

Tomato, Broccoli, Spinach and Chickpea Linguine

Sautéed Broccoli, Garlic, Tomato, Spinach and
Chickpeas with Linguine Pasta Tossed in a
Tomato and Basil Sauce
£12.95

Cajun Chicken Noodles

Grilled Butterflied Cajun Chicken
Breast on a Bed of Fried Onion,
Mushrooms, Peppers and Creamy
Cajun Noodles
£13.95

Cygnets Smash Beef Burger

Two Cygnets Smashed Burgers Topped with
Bacon, Monterey Jack Cheese, Lettuce, Tomato,
Red Onion & Homemade Burger Sauce. Served
with Onion Rings, Steak Cut Chips & Coleslaw
£16.50

Cygnets Salad

Cygnets Green Salad Topped with Balsamic
Dressing with Choice of Topping
Grilled Fajita Chicken
£13.50
Lemon and Dill Prawns
£14.95
Grilled Halloumi & Peach
£12.50
Home Cooked Ham and Pickled Egg
£11.50
All Served with Chips and Coleslaw

On The Skillet.

All are Served on A Hot Skillet with Either Rice or Chips

Stir Fried Vegetables in a Asian Honey Thai Sauce

Accompanied with a Choice of:

Chicken	£13.95
King Prawns	£16.95
Halloumi	£12.95
Rump Steak	£18.95
Vegetables	£11.50

Desserts.

£6.50

Banana and Toffee Meringue Nest

Mixed Ice-Cream Sundae

Chocolate and Cinnamon Waffle with Vanilla ice cream

Cheesecake of the Day

Steam Pudding of the day

We hope you enjoy your visit to Cygnets Restaurant
@ Tehidy Park Golf Club.

We are a small family run restaurant and have been
at Tehidy for over 35 years.

Our aim is to serve fresh cooked local food in a
friendly and welcoming environment supplied by
local suppliers:

Brian Etherington Meat co.
West Country Fruit and Vegetables
Prima Bakeries
Matthew Stevens fish Mongers
Caterfood
Cornish Tea and Coffee

We hope you enjoy your meal & we see you again
soon

Most of our menu can be adapted to
your dietary requirements please
ask a member of staff